

Helping Children Develop Prewriting skills in Preschool

Work in vertical (helps improve grasp)

- o Paint at an easel
- Play with Lite Brite (preferably the 1980s version, try ebay if you don't have one)
- 'Paint' the building, fence or play structure using large brushes and a bucket of water
- o Draw on a wall-hung dry erase or chalk board

Use tools

- Use zoo-sticks, or beginner chopsticks to eat food at snack time or lunch make this a daily practice
- Sit in a circle and pass around playing cards or puzzle pieces using clothespins – can they do without using fingers or dropping any
- Capture small plastic animals in a water table or large bowl/bucket of water with zoo sticks or tongs

© Color with crayons (crayon rocks are great) and chalk

- Color paper placed on plastic needle point canvas
- o Color in stencils (Dover press makes a lot of great ones)
- Color over textured templates
- Make rubbings of things found outside

Do functional tasks

- o Roll up art work or poster and placing a rubber band around
- o Tear tape off of a tape dispenser
- Wrap a small present
- Use a hole punch
- Use a paper brad
- o Sharpen pencils with a manual pencil sharpener
- Use a potato peeler to peel a carrot or potato.