



Following Verbal Directions at Home

Why? **To improve comprehension**/understanding of verbal language, which is necessary to develop expressive language! Your child is not as likely to say words they don't understand.

Try these!

- Put item in trash (point)
- Give to _____. (daddy, mommy, granma, sister, etc. Point)
- Close the door
- Open the door
- Get the _____. (towel, spoon, ball, shirt, doll, anything!)
- Give me the _____. (hold out your hand)
- Wave bye/hi
- Go to _____ (bathroom, your room, mommy's room)
- Turn around
- Stand up
- Sit
- Come with me (hold out your hand)
- Walk, run
- Turn light on/off
- Put it here (point)

If your child doesn't follow the direction, guide them using hand over hand assistance to complete the task. **Show them** what to do, and **repeat the direction**. **Use gestures** such as pointing and holding out your hand when needed to improve comprehension. Your goal is for them to follow the direction independently! Give lots of help in the beginning, then decrease the amount of help you provide.