

Achieving Social Skills Milestones



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A Child's Place

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Occupational Therapy • Speech Therapy •	
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Serving children from birth to adolescence

Using therapy to improve*
conditions such as:
Delayed Speech
Developmental Coordination
Disorder •
Speech Impairments .
Non-communicative Speech
Oral/Verbal Apraxia
Language Disorders
Feeding Difficulties
Autism/Asperger's/PDD
Developmental Delay
Cerebral Palsy
Sensory Integration .
Disorders
Sensory Modulation
Disorders
Handwriting Impairments
Fine & Gross Motor Delays





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As most people would intuit, research supports the notion that social skills lead to a happy, successful life. Research has linked social skills to academic achievement¹, resiliency,^{2,3} and job success.⁴ Research has also linked social skill deficits to

delinquency, school dropout, and substance abuse among adolescents.⁵ Studies have long established social skill deficits during childhood as the single best predictor of mental health problems later in life.^{6,7} For most parents, it is easy to take social skills for granted. However, some children become delayed in their social skills development. Social skills delays may stem from sensory processing disorders, speech and language delays, inherited tendencies, environmental problems, learning disabilities, developmental delays, autism or delays may have no known cause. Some situations merit

additional assistance to maximize a child's ability to develop social skills. The occupational and speech therapists of Emerge help teach social skills to children when they do not seem to be developing at normal rates. Look for these social skill milestones among children in your care:

Two & Three Years Old

- Uses objects symbolically while playing alone
- Watches other children and joins their play briefly
- Participates in simple group activities
- Begins to play house
- Understands gender

Four & Five Years Old

- Shows interest in exploring differences in the sexes
- Dramatic play is closer to reality in terms of attention to detail, time, and space
- Plays dress up
- Plays and interacts with other children

Three & Four Years Old

- Shares toys
- Takes turns with assistance
- Begins dramatic play and acts out whole scenes

Five & Six Years Old

- Chooses own friends
- Plays simple board games
- Plays competitive games
- Plays cooperatively with other children and can participate in group decisions, role assignments, and fair play

The pediatric experts at Emerge use private play sessions, selected child pairings, and/or carefully enrolled group sessions to help teach children age-appropriate social skills. These sessions help children successfully navigate school and develop friendships.



Integrating Occupational and Speech Therapy

Among children with speech and language delay, the prevalence of motor and sensory challenges is high, and the converse is also true. For many types of challenges, Emerge provides a more comprehensive pediatric therapy approach by integrating services from both occupational therapists and speech therapists.

Please tell parents about Emerge – A Child's Place Believing in a Child's Potential to Flourish



References

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